



FOR IMMEDIATE RELEASE

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***PCS Receives Grant from the Ella F. Anderson Trust, BNY Mellon, N.A.,
Trustee to help support Child & Adolescents Services Provided by PCS***

Manchester, N.H. – PCS is proud to announce it recently was awarded a **\$5,000 grant from the Ella F. Anderson Trust, BNY Mellon, N.A., Trustee** to help support its ongoing *Child & Adolescent Services*. PCS provides psychotherapeutic techniques while respecting the natural connection between the physical, mental, emotional and spiritual dimensions in the psychotherapy process. At the core of PCS' mission is to provide counseling to everyone seeking assistance, because of this the provision of adjusted fee counseling services has always been a mainstay of PCS' mission.

“This grant is especially earmarked for Child & Adolescent Services provided by PCS,” says David Reynolds, D.Min PCS Executive Director. “Fundraisers and contributions from individuals and congregations have often times made up the financial difference so that services can be provided to anyone requesting them,” Reynolds added. “With the need for caring for the anxieties of the age, special attention is needed to provide skills for children and adolescents. The grant from Ella F. Anderson will help PCS provide materials, counseling, education for developing these skills.”

“One of the strengths of PCS as a mental health counseling agency is that all therapists practice in community and professional support of each other,” said Reynolds. “Therefore clients can be assured of outstanding quality and efficient services. The PCS clinical staff averages over 25 years licensed experience.”

PCS says they plan to use the Grant specifically for the children and adolescent markets they serve in Manchester and Nashua, N.H.

About PCS - PCS was founded in 1979 and provides the best psychotherapeutic techniques while respecting the natural connection between the physical, mental, emotional and spiritual dimensions in the psychotherapy process. PCS is an agency in which clients *Feel Heard, Feel Cared for and Feel Better*. In addition to our counseling services, PCS impacts the vitality of the community by partnering with other non-profit organizations to help underserved & at risk populations with stress management techniques. PCS also honors those who pursue extraordinary measures to strengthen communities and improve life in New Hampshire with the Good Samaritan Awards, an annual tradition since 1996.

Ella F. Anderson, late of Nashua, N.H. established the Anderson Trust. The terms of the trust by Judgment directs the Trustee that; “the balance of the trust’s net income shall be paid annually to at least ten such churches and such deserving charitable associations or societies in NH preferable in the City of Nashua.”

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