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**Last Chance to Nominate a Good Samaritan!**

Our nomination period for the 18th Annual Good Samaritan Awards is ending in just 2 weeks! This is your last chance to recognize an individual or couple who pursue extraordinary

**Greetings!**

Happy Spring!

It is during this time of year that the human race naturally reflects on renewal and refreshment. The snow banks melt, washing away the grit and leftovers from the winter, and flowers pop through the fresh soil, bringing a pristine beauty to an otherwise barren landscape.

During this annual period of cleansing and revival, consider the many ways you can leverage our innate desire to start fresh. Some suggestions are to begin a new adventure, try out a new skill, or clean up something cherished to give it a new life. Whatever you choose to do, it will be sure to bring new life and renewal!

**Common Themes in Couples Therapy**

In today's hectic society, couples often find that their bond can be affected by expected and unexpected challenges. They can even undergo severe alterations to the loving, symbiotic relationship they once knew. Therapists know that one of our most important roles is to help couples to recognize these external triggers and consider how they distress the dynamics within their relationship.



Certainly, every couple's concerns and challenges are unique. However, we do find that similar themes tend to play a part in most couples state of crisis. Here are just a few of these common themes for your review and consideration, either as a professional, as a pastoral counselor, or as half of a couple!

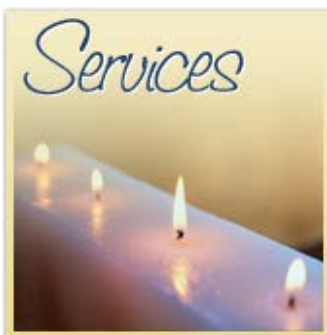
measures to strengthen communities and improve life in New Hampshire. Help us to acknowledge all the wonderful individuals who achieve so much!

[Click here to download the official 2013 nomination form.](#)

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To read this entire article, please [click here](#) to visit the PCS blog.

## The Fragile Pact: Couples in Treatment

Pastoral Counseling Services is proud to announce the 4th Annual Conference on Spirituality and Psychotherapy will be held on Friday, May 17, 2013. This year's conference topic is The Fragile Pact: Couples in Treatment and will feature two half-day sessions developed for two main audiences, psychotherapists and religious professionals.

[Click here to learn more about this year's seminar and to download a registration form for either session!](#)

As we start the journey into the second quarter of the year, Pastoral Counseling Services is proud to recognize the rebirth and progress of our own organization in the past year. To read more about the wonderful developments in Pastoral Counseling Services, please [click here to read the 2012 Center Director's Report](#).

A large part of our success is your unwavering support of our organization, our services and of course our commitment to the community. We would like to thank our generous donors listed below for their generous support of PCS. We appreciate your partnership in our journey.

Here's to another wonderful year, serving our community and continuing to bring the light into the dark.

Grace & Peace,

Dr. David B. Reynolds  
Center Director  
Pastoral Counseling Services, Inc.



**Pastoral Counseling Services would like to extend our greatest gratitude to our most recent donors. Thank you for your support.**

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